

KESSEL RUN TIME TRIAL



A Virginia BAR time trial
and **Virginia Senior Time Trial Championships**
held under USA Cycling event permit 2020-xxxx
presented by Celerity Cycling



June 14, 2020 in Suffolk, VA

Category	Distance	Fee	Awards
Para-Cycling: Open	18 km	\$0	Series Trophies
Para-Cycling: Physical Disability	18 km	\$0	Series Trophies
Para-Cycling: Handcycle	18 km	\$0	Series Trophies
Juniors 9-14	18 km	\$10	Medals / 3 places
Juniors 15-16	18 km	\$10	Medals / 3 places
Juniors 17-18	40 km	\$10	Medals / 3 places
Women Masters 55+	40 km	\$40	Medals / 3 places
Men Masters 65+	18 km	\$40	Medals / 3 places
Women Cat 1/2	40 km	\$40	Medals & \$100 / 3 places
Women Cat 3	40 km	\$40	Medals / 3 places
Women Cat 4	40 km	\$40	Medals / 3 places
Women Cat 5	40 km	\$10	Medals / 3 places
Women Masters 35+	40 km	\$40	\$75 / 3 places
Women Masters 45+	40 km	\$40	\$75 / 3 places
Men Cat 1/2	40 km	\$40	Medals & \$100 / 3 places
Men Cat 3	40 km	\$40	Medals / 3 places
Men Cat 4	40 km	\$40	Medals / 3 places
Men Cat 5	40 km	\$10	Medals / 3 places
Men Masters 35+	40 km	\$40	\$75 / 3 places
Men Masters 45+	40 km	\$40	\$75 / 3 places
Men Masters 55+	40 km	\$40	Medals / 3 places
<i>Jedi Class</i> (aka Merckx)	40 km	\$40	Medals / 3 places
Clydesdales	40 km	\$40	Medals / 3 places
Athenas	40 km	\$40	Medals / 3 places

Registration: There is no on-site or mail-in registration. Online registration is on bikereg.com only! Registration closes Friday, June 12th at 11PM. Entry fee includes \$4.75 USAC fee and \$1.25 VCA fee. Check-in and packet pick-up opens at 7:00 AM on Sunday morning.

2019 BAR Winners use register under BAR category and send an email to drnetzer@gmail.com with the category you'll be competing in.

Course Description: 20 and 40 km out-and-back courses will start by White Marsh Plaza in Suffolk and head south along the Great Dismal Swamp. Total elevation gain is about 260 ft. Para-cyclists will compete on a shorter course over similar terrain. View both courses on RideWithGPS at <https://bit.ly/KesselRunShort> and <https://bit.ly/KesselRunLong>. Course is open to traffic. No warming up on the course – bring your trainer!

General Information: Official start times will be released by Saturday, June 13th. First rider goes off at 8:00 AM. Riders will go off at 1 minute intervals. Event held rain or shine. There will be no refunds. All riders must have a valid USAC license. Cat 5s may purchase a One-Day License at registration for \$10. Experienced riders can purchase a one-day license at usacycling.org. Riders under the age of 18 require a parent's signature. Helmets must be worn at all times. All USAC rules apply. Course is open to traffic, centerline rule strictly enforced. No littering. Use restrooms.

Participants in Jedi Class cannot use aero equipment of any kind: no TT bikes, no aerobars (clip-on or otherwise), no disk wheels. No time trial helmets, but aero road helmets are ok (examples include Giro Air Attack, Louis Garneau Course, Specialized Evade, etc.). Skinsuits are ok, shoe covers are ok. Bells, horns and blinky lights are ok. If you can ride it in a crit, you can ride it in this class. Email promoter with questions.

Location: The start and finish lines will be in front of the White Marsh Plaza at 1226 White Marsh Rd., Suffolk, VA 23434. There's plenty of parking and room to set up tents and trainers in the White Marsh Plaza parking lot. See attached map for parking, restrooms, start and finish lines.

Directions: From Norfolk, follow 58W to BUS 460. Turn left on E. Washington St., then left on White Marsh Rd. From Emporia, take 58 E to BUS 58 to Holland Rd. That becomes W. Washington St. Turn right on White Marsh Rd. **GPS: 1226 White Marsh Rd., Suffolk, VA 23434.**

Contact Dan Netzer at 757-679-9336 or at drnetzer@gmail.com with questions.

Anyone finishing the short course in less than 6.05×10^{-13} parsecs or the long in less than 1.29×10^{-12} parsecs will be automatically disqualified!